

Word List: strain, strict, string = bind, tie, or draw tight

Vocabulary	Definitions
astrigent (n)	a substance used on skin to make the skin tight
boa constrictor (n)	a snake that kills its prey by squeezing it tightly
constrict (v)	to hold in; to make smaller; to squeeze or bind to make smaller
district (n)	a region or area that is bound together by specific rules, laws, resources, and/or money
restrain (v)	to hold back; to keep under control; to limit; to draw tight by force
restricted (adj)	bound by limits; kept within certain rules
strain (v)	to draw or stretch tight beyond the normal limits
strainer (n)	a device used for letting the water leave the food so the food is drawn together
string (n)	a thin piece of twisted fiber that can be used to tie things together
stringent (adj)	demanding strict attention to rules; rigid; having a tight set of rules